

Nutzungsplan Milchbar ERH

Stand 19. Mai 2025

Zeit	Mo		Di		Mi		Do		Fr		Sa	
	Nutzer	Angebot	Nutzer	Angebot	Nutzer	Angebot	Nutzer	Angebot	Nutzer	Angebot	Nutzer	Angebot
09.00 - 09.15												
09.15 - 09.30												
09.30 - 09.45												
09.45 - 10.00												
10.00 - 10.15					SVL	Reha Orthopädie Dörthe Drubel- Holscher						
10.15 - 10.30					SVL							
10.30 - 10.45					SVL							
10.45 - 11.00					SVL							
11.00 - 11.15												
11.15 - 11.30												
11.30 - 11.45	LTV	ATP Training Stefan Dodenhoff							LTV	ATP Training Stefan Dodenhoff		
11.45 - 12.00	LTV								LTV			
12.00 - 12.15	LTV								LTV			
12.15 - 12.30	LTV								LTV			
12.30 - 12.45												
12.45 - 13.00												
13.00 - 13.15												
13.15 - 13.30												
13.30 - 13.45												
13.45 - 14.00												
14.00 - 14.15												
14.15 - 14.30												
14.30 - 14.45												
14.45 - 15.00												
15.00 - 15.15												
15.15 - 15.30							SVL	Born to Move Britta Kückens				
15.30 - 15.45							SVL					
15.45 - 16.00							SVL					
16.00 - 16.15					SVL	Ersatztraining Segelkinder Ann Katrin Baaß						
16.15 - 16.30					SVL							
16.30 - 16.45					SVL							
16.45 - 17.00					SVL							
17.00 - 17.15												
17.15 - 17.30	LTV	Seniorengymn. Simone Hoffmeier										
17.30 - 17.45	LTV											
17.45 - 18.00	LTV											
18.00 - 18.15	LTV											
18.15 - 18.30												
18.30 - 18.45	SVL	Tabata Stefanie Seemann	SVL	Pilates Horst Schulze								
18.45 - 19.00	SVL		SVL									
19.00 - 19.15	SVL		SVL				SVL	Tanzen Discofoxkurs Beate und Andree Famulla				
19.15 - 19.30	SVL		SVL				SVL					
19.30 - 19.45	SVL	Line Dance Anja Schläger					SVL					
19.45 - 20.00	SVL						SVL					
20.00 - 20.15	SVL						SVL					
20.15 - 20.30	SVL						SVL					
20.30 - 20.45	SVL						SVL					
20.45 - 21.00	SVL						SVL					
21.00 - 21.15	SVL						SVL					
21.15 - 21.30	SVL						SVL					
21.30 - 21.45	SVL						SVL					
21.45 - 22.00	SVL						SVL					

= SVL

= LTV

= freie Std.

= geplant